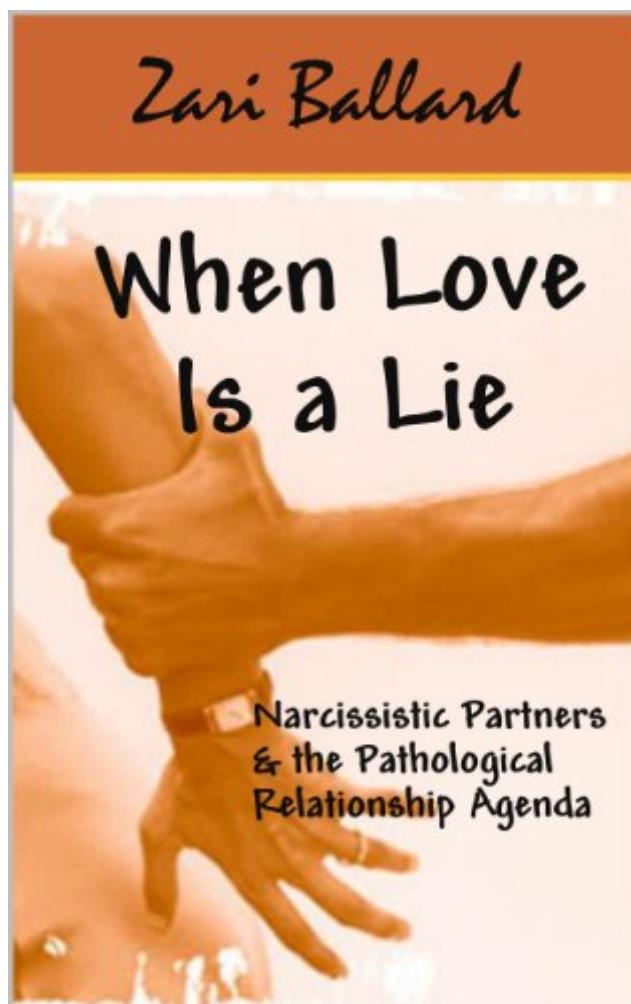


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# When Love Is A Lie: Narcissistic Partners & The Pathological Relationship Agenda



## **Synopsis**

What is the narcissism epidemic? When our partner has a narcissistic personality, only those who've actually experienced the madness will ever understand what we're going through. When Love Is a Lie is a straight-up, tell-all book about narcissism in relationships that deliberately skips the clinical bullshit to focus solely on the personal experience. A narrative that holds nothing back, Zari Ballard's story will educate, enlighten, and empower you to evaluate (and fully understand) the mind-boggling dysfunction in your own relationship. Compare her story to your own and watch what happens. As it has for thousands of abuse victims worldwide, When Love Is a Lie is going to resonate with you in ways that no other book about narcissism ever has. Any relationship involving a person with a narcissistic personality disorder will inevitably take a dark turn. We stay in the relationship thinking we can fix this person or love him/her out of their bad behavior but the truth is that narcissists, sociopaths and psychopaths can never be fixed - not with love, therapy, or any magic pill. Life quickly becomes a roller coaster ride from hell with Lucifer himself at the controls. If that sounds dramatic, then you've never loved a narcissist. If that sounds familiar, then this very special book may just change your life. When Love Is A Lie breaks down the signs of a narcissistic personality, exposes the narcissist's way of thinking, and explains exactly how a partner with this type of personality will.....over time, deliberately and methodically manage down your expectations of the relationship so that you expect less and less and he/she gets away with more..mimic the appropriate emotions at opportune times to achieve desired results..use the silent treatment, disappearances/reappearances, and other demoralizing (and passive-aggressive) control tactics to punish those who dare to call him/her out on questionable behaviors..create constant narcissistic chaos and turmoil even - and especially - during the "good" times as a way of keeping you in a heightened state of co-dependent anxiety 24/7..juggle many relationships at once - sometimes for years on end - with no one being the wiser, not even you. Narcissist abuse is often so intentionally passive-aggressive that we never quite understand what's happening until it's too late and we're already hooked. Friends and family try to be supportive but they simply don't get it. This book, from its very first pages, offers a reprieve from this isolation. When Love is a Lie will make you laugh and it may even make you cry but, above all else, it will provide confirmation and validation that, in this relationship with the person described above, YOU are not the problem. Scroll Up to Order this Book Today Scroll Up to "Look Inside" This Book

## **Book Information**

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## **Customer Reviews**

I enjoyed this book. It was a much quicker and easier read than my previous books dealing with Narcissists/Narcissism. This book is definitely not a college textbook, and sits more on the Reader's Digest end of the spectrum. I consider Zari's book an honest history of her life with a Narcissist. I did not experience everything she did nor did my experiences exactly match hers, but as anyone involved with a Narcissist knows - all of our Narcissists probably share 90% of the same qualities and character traits as any other Narcissist. It is the strangest thing. Despite everything that has happened, and is happening, this book should give hope for a brighter future for those living with a N. I give Zari credit for writing such personal details, and being open about her struggles. I found it refreshing that she would be so open about her personal life, and not trying to make herself out to be a perfect person. This book is written in a conversational style that makes it quick and easy to read.

Wow! This book was so on point my highlighter was all over this book. I've dealt with this person for

damn near 6 years he falls into every category. I even thought about mailing this book to his behind. The good thing is I'm done with him really truly mean it this time. Your book was eye-opener wish I never ignored all the signs.

The author, Zara, gets right to it. Holding nothing back she explains her experience and the emotional torment of being with her narcissistic partner. There are several instances where she has used 'foul' language so if you are offended easily, this book may not be for you. However, in my opinion, she is merely expressing the deep level of her resentment/anger toward her narcissist and her seemingly hopeless situation. A very real and dynamic look at the effects of being intimately involved with a narcissist/sociopath.

A very easy read about the Narcissist, written with honesty and straight to the point. The common traits these people share was mind boggling to me, right down to they even use the same phrases, behaviour patterns and lies! I found this book bought up all sorts of emotions for me as it hit very close to home. I laughed at some of the things the author said / did, as I too have done exactly the same. I got angry, as some of the authors stories triggered memories I had blocked out. And I felt like I had been punched to the stomach when the author revealed more information about Narcissist's than I ever realised. Highly recommended, and a great book to keep on hand for comfort, reassurance and strength for one of the toughest journeys I will ever go through.

This is a very straight forward read about a very serious and prolific problem in today's society. As I read the countless stories about Narcissist Abuse, I feel that my experience pales in comparison. Zari provides the reader with a non-clinical, matter of fact account of how brutal these monsters can be. She also provides helpful tips that helped her escape the web of betrayal and deceit (which is the mantra of these social misfits). Equally important, she is very supportive and responds to all inquiries on her blogs and posts. Unlike many authors of this subject, she is sensitive to the fact that Narcissist abuse extends to the male population as well. And surprisingly, in many cases, that male victims have a more difficult path toward recovery. This is clearly depicted in her other book, "When Evil is a Pretty Face." I recommend both books to anyone who has made the grave mistake of giving their hearts to one of these pathological parasites.

I have researched covert narcissism and have a pretty good understanding about the dynamics and

chaos that it created in my life. This book gave me an even clearer understanding of exactly the pain craziness of being in a relationship with a cluster b disordered person. It helped me get one more step closer to my recovery.

Zari's writing style is fresh and spontaneous, and her list of traits for a narcissist is one I haven't seen anything like before. She has obviously been through what we've all been through, and apparently has come out on the other side. But as far as telling us how to do it, the book's promise, she drops the ball. Copying blog entries into the text, typos included, made me feel as creepy as reading blogs do. These comprised the major part of the back half of the book. She would have served her readers better by spending a little more time giving people who are still caught up the throes of this madness some practical ways to get and keep their heads on straight and set themselves up to live differently. There was a glaring absence of any suggestions of that kind in this book. It seemed as though she thought if she talked about all of the craziness that was going on between her and her N. and her eventual liberation, her readers would be liberated too, all by osmosis, and certainly not because she shared any of those details with her readers. I really didn't need the blow by blow of every insane event she experienced with him. I have my own. She claimed she had shown us how she'd done it, yet search as I might, I never did find that information anywhere. There are better books, with much better advice. Here are some good ones covering various aspects of this problem.

No Contact by H G Tudor (author is a narcissist)

In Sheep's Clothing: Understanding and Dealing with Manipulative People by George K. Simon Ph.D.

Malignant Self-Love: Narcissism Revisited by Sam Vaknin (a narcissist) and Lidija Rangelovska

Emotional Blackmail: When the People in Your Life Use Fear, Obligation, and Guilt to Manipulate You by Susan Forward and Donna Frazier

and one of my favorites - Trapped in the Mirror: Adult Children of Narcissists in their Struggle for Self by Elan Golomb

Mind Games: Emotionally Manipulative Tactics Partners Use to Control Relationships by Pamela Kole, Pamela

Just finished reading this book! OMG, how I needed to read this book at this time in my life! It has helped with my healing process and everything she writes is exactly what I have experienced and knowing there is a light at the end of the tunnel is inspiring!

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